

# FETAL MATERNAL IMMUNIZATION AGAINST HLA ANTIGENS IN WOMEN OF A PARAGUAYAN POPULATION PRELIMINARY RESULTS



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## **OBJETIVES**

Evaluate the impact of pregnancy on HLA alloimmunization in Paraguayan women using the Luminex Platform.

### **RESULTS**

A total of 319 women meet the inclusion criteria. Average age was 39 years, number of pregnancies ranged between 0 to 10.

#### **METHODS**

Women were prospectively Public Health recruited at the Central Laboratory between April 2017 and April 2018. Subjects with history of blood transfusion and/or being pregnant in the trimester excluded. were provided **Volunteers** a detailed pregnancy (live birth, history of still birth, miscarriage, abortion, etc.) and for HLA antibody testing.

A total of 212 women reported being multiparous (≥2 pregnancies). HLA antibodies were found in 45% of them. The prevalence of HLA antibodies increased with the number of pregnancies. Table 1.

Table 1. HLA Alloimmunization prevalence among different groups						
Number of pregnancies	0	1	2	3	4	≥ 5
Presence of HLA antibodies	3%	16%	40%	45%	46%	55%

Among the immunized group 68% had HLA Class I antibodies, 67% had Class II and 34% had both Class I and II antibodies. No difference was observed between the time since last pregnancy and HLA antibody prevalence.

Evaluating the occurrence of a miscarriage, the effect of a lost pregnancy was not significant. Lastly, 132 multiparous reported one biologic father and 59 more than one. The occurrence of HLA immunization was not significantly different among both groups.

## **CONCLUSIONS**

Our data confirms that HLA alloimmunization is higher in multiparous women. The increasing frequency alloimmunization with increasing number of pregnancies suggests that each pregnancy may act as an additional immunizing event. Sensitization ranges reported in other studies varies widely. We have found that 45 Paraguayan multiparous women are immunized. Since HLA alloimmunization hinders finding a suitable kidney donor, this study proves that among patients in a renal transplant waiting list, multiparous women are in disadvantage. Currently, no extra points are given to immunized patients in Paraguay's kidney allocation system. It is vital to reevaluate this policy.